

## 108-1

Sheree Schattenmann demonstrates thread painting on a pillow project



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### Materials

1/2 yard medium weight woven fabric such as linen or cotton canvas  
1/2 yard of fusible interfacing for medium weight fabrics  
A variety of threads appropriate for thread painting/decorative stitching  
Thread for sewing pillow  
18" pillow form

### Instructions

**Step 1:** Cut out an 18-inch square from the woven fabric and the interfacing. Fuse the interfacing to the wrong side of the woven fabric square.

**Step 2:** Print out the flower template provided. Transfer the flower design to the front of the 18 inch square using your favorite method.

**Step 3:** Outline stitch the flower pattern. Use a variegated thread to add some visual interest.

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**Step 4:** Fill in the flower center as shown. Again, I used variegated threads in different shades of green to add interest.



**Step 5:** Add stitching detail to the flower petals. I did some free form stitching. You can fill in the open space as much or as little as you like. Once you have finished with your stitching detail, set this pillow front to the side while you make the envelope back.



**Step 6:** Cut out 2 pieces of the woven fabric that measure 13-inches wide by 18-inches long. Finish one of the 18-inch long raw edges on each rectangle by folding it under  $\frac{1}{2}$ -inch, pressing firmly and then folding under  $\frac{1}{2}$ -inch again and press firmly once more. Sew this double fold in place to create the finished edges.

**Step 7:** With right sides facing, pin one of the back pieces to the embellished pillow front, matching up the raw edges. Repeat on the other side of the pillow front with the remaining back piece. Note that the finished edges of the pillow back with overlap, creating the envelope style opening. Stitch around the perimeter of the pillow, pivoting at the corners, using a  $\frac{1}{2}$ -inch seam allowance. Serge or overlock stitch the raw edges and clip the corners. Turn right side out, press as needed and stuff with a premade 18-inch square pillow form.





**Step 8:** Enjoy your new pillow!

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